

## **Student Workbook**



# Module - Heat Related Illness Avoidance, Recognition, and Treatment

## **Overview**

Students will become familiar with symptoms, treatments and avoidance of heat related illnesses.

#### **Special thanks to the following:**

Dr. Brent Ruby, Exercise Physiologist, University of Montana, Missoula, MT

Mike Alexander, Asst. Superintendent Pike Hot Shots

Dr. Joe Domitrovitch, Physiologist, MTDC, Missoula, MT

Ian Grob, Photographic Technologist, MTDC, Missoula, MT

#### Note about feedback/evaluations on this module.

This module was designed as a proof of concept for future modules in the hope of evolving toward a paperless fire refresher using current and emerging technology. The refresher team welcomes your comments and evaluations to provide a better product in the years ahead. This is your chance to make a contribution to that effort. Please take the 45 seconds to complete the evaluation at the end of the module, involve the class and take a consensus by hand vote on the questions. Use the link provided at the end of the module. Many thanks from the refresher team.

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